

Thank you for downloading this MBTI Personal Profile Snapshot!

The MBTI process is based on over 60 years of research and has proven to be a reliable tool for understanding your personality, as well as that of those around you. The survey considers some basic information in four areas of personality: what energizes you, how you perceive and take in information, how you make decisions and reach conclusions, and your attitude toward the world around you. The fun and interesting part of the profile is understanding how these personal preferences combine to make us who we are.

Because it is a profile and not a test, there are no right or wrong answers. This snapshot does not measure skills or aptitudes, so be completely open and honest as you consider the choices!

Instructions: compare the word on the LEFT with the word on the RIGHT and check the box of the word that FITS you most NATURALLY and gives you the most ENERGY. Check the one that comes to mind FIRST. The columns with the most checks may be your MBTI Personality Preference. The large letter beside the group of check boxes represents your preference in that area. When you have finished all four areas, you will have an MBTI profile consisting of the four letters that summarize your preferences (i.e. ESTJ, INTP, etc.).

Once you have your MBTI profile, take a look at the attached matrix of the 16 Personality Types. I think you will find it quite interesting and accurate. I'd love to hear from you to talk about how to use this type of self-study to discover your True CallingTM.

<u>Please remember</u> - this Snapshot assessment is to be used only as a tool to *begin* to discover your personality preferences. I strongly recommend that you do not make any career or life decisions from the outcome of this Snapshot. In the True Calling™ Discovery Program we utilize the industry's most accurate MBTI from Consulting Press Psychologists.

<u>Printing This Document</u> – Print this document by going to <File> <Print>, or right mouse click on this page and choose <Print>

If you have any questions, please don't hesitate to call me,

Nathan Teegarden 720-279-2390



Anything Else Is Just A Job!

		aversion-Introversion Attitude s, source of energy	
E	Extraversion	Introversion	
	☐ Energized by the outer world	☐ Energized by inner world	
	☐ Focus on people, things	□ Focus on thoughts, concepts	
	□ Active	□ Reflective	
	□ Breadth of interest	□ Depth of interest	1
	☐ Live it, then understand it	□ Understand it, before live it	
	□ Outgoing	□ Inwardly directed	
		ction – Sensing-Intuition taking in information	
	Sensing	Intuition	
	□ Facts	□ Meanings	
	□ Data	□ Associations	
S	□ Details	□ Possibilities	N
	□ Reality Based	 Hunches, speculations 	1
	□ Actuality	☐ Theoretical	
	☐ Here and Now	□ Future	
		ion – Thinking-Feeling oming to conclusions	
	Thinking	Feeling	
	□ Analysis	□ Sympathy	
	□ Objective	□ Subjective	
\mathbf{T}	□ Logic	□ Humane	F
1	□ Impersonal	□ Personal	1
	□ Critique	□ Appreciative	
	□ Reason	□ Values	
		e – Judging-Perceiving Attitude nal world - how others view you	
	Judging	Perceiving	
	□ Organized	□ Flexible	
J	□ Settled	□ Pending	P
J	☐ Decisive	□ Tentative	1
	☐ Control one's life	□ Spontaneous	
	□ Set goals	□ Let life happen	
	□ Systematic	□ Undaunted by surprise	

Extroverts				Introverts				
Practical, realistic, matter of fact with a natural head for business and mechanics. Not interested in subjects they see no use for, but can apply themselves when necessary. Like to organize and run activities. May be good administrators, especially if they remember to consider others' feelings and points of view.	ESTJ	Good at on the spot problem solving. Do not worry-enjoy whatever comes along. Tend to like mechanical things and sports, with friends on the side. Adaptable, tolerant, generally conservative in values. Dislike long explanations. Are best with real things that can be worked, handled, taken apart, or put together.	ESTP	Cool onlookers. Quiet, reserved, observing and analyzing life with detached curiosity and unexpected flashes of original humor. Usually interested in cause and effect-how and why mechanical things work, and in organizing facts use logical principles.	ISTP	Serious, quiet, earn success by concentration and thoroughness. Practical, orderly, matter-of-fact, logical, realistic, dependable. See to it that everything is well organized. Take responsibility. Make up their minds as to what should be accomplished and work toward is steadily, regardless of protests or distractions.	ISTJ	Sens
Warm-hearted, talkative, popular, conscientious, born cooperators, active committee members. Need harmony and may be good at creating it. Always doing something nice for someone. Work best with encouragement and praise. Main interest is in things that directly and practically help people's lives.	ESFJ	Outgoing, easygoing, accepting, enjoy everything and make things more fun for others by their enjoyment. Like sports and making things happen. Know what is going on and join in eagerly. Find remembering facts easier than mastering theories. Are best in situations that need sound common sense and practical ability with people as well as with things.	ESFP	Retiring, quiet, sensitive, kind, and modest about their abilities. Shun disagreements; do not force their opinions or values on others. Usually do not care to lead but are often loyal followers. Often relaxed about getting things done, because they enjoy the moment and do not want to spoil it by undue haste or exertion.	ISFP	Quiet friendly, responsible, and conscientious. Work devotedly to meet their obligations. Lend stability to any project or group. Thorough, painstaking, accurate. Their interests are usually not technical. Can be patient with necessary details. :Loyal, considerate, perceptive, concerned with how other people feel	ISFJ	Sensing Types
Responsive and responsible. Generally feel real concern for what others think or want, and try to handle things with due regard for the other person's feelings. Can present a proposal or lead a group discussion with ease and tact. Sociable, popular, sympathetic. Responsive to praise and criticism.	ENFJ	Warmly enthusiastic, high spirited, ingenious, imaginative. Able to do almost anything that interests them. Quick with a solution for any difficulty and ready to help anyone with a problem. Often rely on their ability to improvise instead of preparing in advance. Can usually find compelling reasons for whatever they want.	ENTP	Full of enthusiasm and loyalties, but seldom talk of these until they know you well. Care about learning ideas, language, and independent projects of their own. Tend to undertake too much, and then somehow get it done. Friendly, but often too absorbed in what they are doing to be sociable. Little concerned with possessions or physical surroundings.	INFP	Succeed by perseverance, originality, and desire to do whatever is needed or wanted. Put their best efforts into their work. Quietly forceful, conscientious, concerned for others. Respected for their firm principles. Likely to be honored and followed for their clear convictions as to how best to serve the common good.	INFJ	adá i annum
Hearty, frank, decisive leaders in activities. Usually good in anything that requires reasoning and intelligent talk, such as public speaking. Are usually well informed and enjoy adding to their fund of knowledge. May sometimes appear more positive and confident than their experience in the area warrants.	ENTJ	Quick, ingenious, good at many things. Stimulating company alert and outspoken. May argue for fun on either side of question. Resourceful in solving new and challenging problems but may neglect some routine assignments. Apt to turn to one new interest after another. Skillful in finding logical reasons for what they want.	ENTP	Quiet and reserved. Especially enjoy theoretical or scientific pursuits. Like solving problems with logic and analysis. Usually interested mainly ideas, with little liking for parties or small talk. Tend to have sharply defined interests. Need careers where some strong interests can be used and useful.	INTP	Usually have original minds and great drive for their own ideas and purposes. In fields that appeal to them, they have a fine power to organize a job and carry it out with or without help. Skeptical, critical, independent determined, sometimes stubborn. Must learn to yield less important points in order to win the most important.	CTNI	<u>e Types</u>